

NACHOS

BP's Classic Nachos

\$21.99 (Serves 5; 420 Cals/Serving)

Hand-cut tortilla chips topped with cheddar, pizza mozzarella, green peppers, black olives, jalapeño peppers, tomatoes and green onions. Served with salsa, sour cream and your choice of protein.

Choose from:

- Seasoned ground beef (130–260 Cals)
- BBQ chicken (70–140 Cals)
- Spicy chicken (60–120 Cals)

Calories for proteins are additional to those listed for nachos.

Add guacamole \$2.99 (160 Cals)

Starter size \$17.99 (Serves 3; 350 Cals/Serving)

OVEN-FRESH BREADS

Bandera Pizza Bread ★

\$9.99 (Serves 2; 480 Cals/Serving)

Pizza bread, Italian spices, pizza mozzarella and freshly grated Parmesan. Served with Santa Fe ranch dip.

Boston's Pizza Bread

\$6.99 (Serves 2; 250 Cals/Serving)

Pizza dough baked and seasoned with garlic, herbs and Parmesan.

Add beefy Bolognese \$1.99 (80 Cals)

WINGS

Our most popular starter. Napkins standing by.

1. Choose your size

Starter size \$14.99

Double order \$24.99

2. Choose your type of wing

Fried Wings (830–1650 Cals) ★

Oven-Roasted Wings (780–1560 Cals)

Breaded Wings (780–1550 Cals)

All Meat Bites® (570–1140 Cals)

GlutenWise®+ Oven-Roasted Wings available. G

3. Choose your flavour

All flavours except BBQ are GlutenWise®+. G

Naked (0 Cals)

Mild (150–300 Cals)

Medium (110–220 Cals)

Hot (80–160 Cals)

BBQ (90–180 Cals)

Thai Chili (110–220 Cals)

Honey Garlic (120–240 Cals)

Salt and Pepper Dry Rub (5–10 Cals) ★

Memphis Hot Sauce (390–780 Cals)

Calorie range: Starter–Double

Calories for sauce are additional to those listed for wings.

FLATBREADS

Southwest ★

\$14.99 (870 Cals)

Diced BBQ chicken, bacon, red onions, BBQ sauce, pizza mozzarella and a drizzle of ranch dressing.

Spicy Italian

\$14.99 (750 Cals)

Spicy arrabbiata pizza sauce, pizza mozzarella, pepperoni, spicy Italian sausage, red peppers, banana peppers, green onions and freshly grated Parmesan.

SIGNATURE STARTERS

New Calamari

\$13.99 (Serves 2; 470 Cals/Serving)

Dusted and lightly fried with jalapeño peppers and onions. Tossed in garlic chimichurri and served with arrabbiata garlic caesar dip.

Cactus Cut Potatoes ★

\$11.49 (Serves 3; 390 Cals/Serving)

Spicy and thinly sliced fried potatoes served with our signature cactus dip.

Thai Bites ★

\$13.99

Your choice of chicken or shrimp tossed in sweet Thai chili sauce and served with crunchy Asian noodles, carrots, fresh cilantro, green onions and sesame seeds.

Choose from:

- Breaded Chicken Breast (Serves 2; 270 Cals/Serving)
- Breaded Jalapeño Shrimp (Serves 2; 230 Cals/Serving)

Salt and Pepper Dry Ribs

\$13.99 (Serves 2; 390 Cals/Serving)

Pork ribs in a salt and pepper dry rub with red peppers.

Mediterranean Hummus and Veggie Platter

\$13.99 (Serves 3; 430 Cals/Serving)

Traditional and spicy Harissa hummus, pizza bread and a mix of fresh vegetables.

Spinach and Artichoke Dip

\$13.99 (Serves 3; 280 Cals/Serving)

Spinach, artichokes, roasted garlic, balsamic-roasted red onions, pizza mozzarella, Cajun seasoning, tomatoes, feta and freshly grated Parmesan. Served with pizza bread.

The Starting Lineup

\$30.99 (Serves 5; 610–730 Cals/Serving)

Great for sharing! Cactus Cut Potatoes, Three-Cheese Toast, Bandera Pizza Bread, Dry Ribs and Wings.

STARTERS & SHAREABLES

★ Guest Favourite

Vegetarian

Spicy

G GlutenWise®+

SOUPS

Soup of the Day

Ask your server for today's selection.

Bowl \$7.49 (230–630 Cals) (Served with garlic toast)

Cup \$5.79 (30–400 Cals)

Baked French Onion Soup

\$8.79 (280 Cals)


Baked with a toasted crouton and topped with pizza mozzarella, cheddar and feta. Finished with freshly grated Parmesan.

STARTER SALADS

Caesar Salad

\$7.99 (260 Cals)

Romaine, croutons, bacon and freshly grated Parmesan.

GlutenWise[®] option served without croutons (240 Cals). 

Garden Salad

\$7.99 (170 Cals)

Garden greens, red peppers, red onions, carrots, beets and citrus vinaigrette.

GlutenWise[®] option available. 

Mediterranean Salad

\$8.99 (140 Cals)

Garden greens, cucumbers, red onions, red peppers, tomatoes, feta, Kalamata olives and tomato tarragon dressing.

GlutenWise[®] option available. 

ADD IT ON

Garlic Toast \$1.29 (180 Cals)

Chicken Breast \$5.99 (150 Cals)

Salmon Filet \$9.99 (370 Cals)

GlutenWise[®] option available for Chicken Breast and Salmon Filet. 

ENTRÉE SALADS

California Chicken Salad

\$17.49 (660 Cals)

Grilled chicken breast, garden greens, red peppers, red onions, carrots, beets, feta, dried cranberries, toasted almonds and citrus vinaigrette.

GlutenWise[®] option available. 

Chicken Pecan Salad

\$17.99

Garden greens, candied pecans, pizza mozzarella, cheddar, bacon, sliced egg, carrots, tomatoes and ranch dressing.

Choose from:

· Breaded Chicken Breast (1090 Cals)

· Grilled Chicken Breast (940 Cals)


GlutenWise[®] option served with grilled chicken breast. 

Roasted Beet and Peach Salad

\$16.99 (480 Cals)

Garden greens, roasted beets, roasted peaches, candied pecans, roasted red peppers, goat cheese and balsamic dressing.


Add Chicken Breast \$5.99 (150 Cals)

GlutenWise[®] option available. 

Chicken Caesar Salad

\$16.99 (680 Cals)

Grilled chicken breast, romaine, croutons, bacon and freshly grated Parmesan.

GlutenWise[®] option served without croutons (650 Cals). 

Mediterranean Chicken Salad

\$17.99 (430 Cals)

Grilled chicken breast, garden greens, cucumbers, red onions, red peppers, tomatoes, feta, Kalamata olives and tomato tarragon dressing.

GlutenWise[®] option available. 

BURGERS



Our burgers are made with 100% Canadian beef and contain nothing but the simplest of ingredients—beef, salt and pepper.

MVB™ (Most Valuable Burger) ★

\$16.99 (1040 Cals)

Topped with cheddar, lettuce, tomatoes, red onions, pickles and our signature cactus dip, on a brioche bun.

Available on **GlutenWise®+** bun \$17.99 (930 Cals) **G**

Add **bacon** \$1.49 (120 Cals)

Double Bacon BBQ Burger

\$17.99 (1110 Cals)

Loaded with bacon, BBQ sauce made with Jack Daniel's, lettuce, tomatoes, red onions and pickles on a brioche bun.

Add **cheddar cheese** \$1.49 (120 Cals)

Veggie Quinoa Burger 🌱

\$16.99 (800 Cals)

Our veggie quinoa patty topped with cheddar, lettuce, tomatoes, red onions, pickles and ranch dressing on a brioche bun.

SIDES

All burgers and sandwiches are served with your choice of one side:

Potato:

- Fries (350 Cals)
- Garlic Mashed Potatoes (320 Cals)
- Loaded Mini Potatoes (250 Cals)
- Cactus Cut Potatoes (add \$1.99) (580 Cals)
- Yam Fries (add \$1.99) (540 Cals)

Salad:

- Caesar Salad (170 Cals)
- Garden Salad (120 Cals)
- Mediterranean Salad (add \$1.99) (90 Cals)

Vegetables:

- Seasonal Vegetables (80 Cals)

Pasta:

- Spaghetti (370 Cals)

GlutenWise®+ option available for Seasonal Vegetables, Caesar Salad (140 Cals), Mediterranean Salad and Garden Salad. **G**

Calories for sides are additional to those listed for Burgers, Sandwiches & Tacos.

SANDWICHES

Kick'n Memphis Chicken Sandwich ★🔥

\$17.99 (1220 Cals)

Buttermilk-breaded fried chicken tossed in Memphis hot sauce, crispy fried jalapeños, cheddar, bacon, ranch dressing, lettuce, tomatoes and a pickle on a brioche bun.

Chipotle Chicken Club

\$16.99 (950 Cals)

Grilled chicken breast, bacon, cheddar, pizza mozzarella, tomatoes, lettuce and chipotle Caesar sauce served on pizza bread.

Available on **GlutenWise®+** bun \$17.99 (840 Cals) **G**

Mediterranean Chicken Wrap

\$16.49 (730 Cals)

Grilled chicken, Kalamata olives, feta, tomatoes, red peppers, cucumbers, lettuce, red onions, tomato tarragon dressing and hummus.

Oven-Roasted Chicken Quesadilla

\$16.99 (1080 Cals)

Chicken breast, sun-dried tomatoes, cheddar, pizza mozzarella, chipotle sauce, garlic and freshly grated Parmesan. Served with salsa and sour cream.

Add **guacamole** \$2.99 (160 Cals)

NY Steak Sandwich

\$19.49 (1000 Cals)

Canadian 8-ounce AAA New York strip loin steak, aged a minimum of 28 days. Topped with sautéed mushrooms, balsamic-roasted red onions and freshly grated Parmesan.

Boston Brute ★

\$16.99 (800 Cals)

Genoa salami, pepperoni, smoked ham, pizza mozzarella, onions and our signature pizza sauce.

Add **beefy Bolognese sauce** \$1.99 (80 Cals)

The Big Dipper

\$17.99 (1320 Cals)

Sliced steak, braised onions, roasted red peppers, pizza mozzarella and crispy onion straws. Served with horseradish mayo and au jus.

TACOS

Add a side to your tacos starting at \$2.50 (80–580 Cals).

Shrimp Tacos ★

\$15.99 (870 Cals)

Three soft tacos with breaded jalapeño shrimp, lettuce, red onions, cilantro, cheddar, tomatoes, crunchy tortilla strips, creamy sweet chili sauce and a hint of lime.

Chicken Tacos

\$15.99 (850 Cals)

Three soft tacos with our grilled chicken breast, lettuce, red onions, cilantro, cheddar, tomatoes, crunchy tortilla strips, creamy sweet chili sauce and a hint of lime.



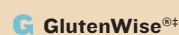
Guest Favourite



Vegetarian



Spicy



GlutenWise®+

PIZZAAAAA

8"

Individual
Original Crust
6 Slices

10"

Small
Original Crust
8 Slices

13"

Medium
Original Crust
10 Slices

15"

Large
Original Crust
12 Slices

SIGNATURE RECIPES

A Spicy Perogy

Sour cream, bacon, Cactus Cut Potatoes, pizza mozzarella, cheddar, green onions and a dollop of sour cream.

Individual \$14.99 (1040 Cals/Pizza)

Small \$19.79 (230 Cals/Slice)

Medium \$29.99 (300 Cals/Slice)

Large \$34.99 (360 Cals/Slice)

B Tuscan

Marinara sauce, pizza mozzarella, cheddar, spicy chicken breast, roasted garlic, fresh spinach, sun-dried tomatoes and feta.

Individual \$14.99 (850 Cals/Pizza)

Small \$19.79 (190 Cals/Slice)

Medium \$29.99 (240 Cals/Slice)

Large \$34.99 (300 Cals/Slice)

Boston Royal

Signature pizza sauce, pizza mozzarella, smoked ham, pepperoni, shrimp, olives, green peppers, onions and fresh mushrooms.

Individual \$14.99 (790 Cals/Pizza)

Small \$19.79 (160 Cals/Slice)

Medium \$29.99 (220 Cals/Slice)

Large \$34.99 (260 Cals/Slice)

The Meateor™

Beefy Bolognese sauce, pizza mozzarella, smoked ham, pepperoni, seasoned ground beef and spicy Italian sausage.

Individual \$14.99 (850 Cals/Pizza)

Small \$19.79 (180 Cals/Slice)

Medium \$29.99 (240 Cals/Slice)

Large \$34.99 (300 Cals/Slice)

Bacon Double Cheeseburger

Signature pizza sauce, pizza mozzarella, cheddar, seasoned ground beef, bacon, onions and fresh mushrooms.

Individual \$14.99 (910 Cals/Pizza)

Small \$19.79 (190 Cals/Slice)

Medium \$29.99 (240 Cals/Slice)

Large \$34.99 (320 Cals/Slice)



Great White North

Signature pizza sauce, pizza mozzarella, cheddar and smoked ham.

Individual \$12.99 (740 Cals/Pizza)

Small \$16.99 (160 Cals/Slice)

Medium \$26.99 (210 Cals/Slice)

Large \$31.99 (260 Cals/Slice)

GlutenWise®† Individual \$14.29 (810 Cals/Pizza) **G**

Mediterranean

Signature pizza sauce, pizza mozzarella, fresh spinach, fresh mushrooms, sun-dried tomatoes, marinated artichoke hearts, feta and a pesto drizzle.

Individual \$14.99 (820 Cals/Pizza)

Small \$19.79 (170 Cals/Slice)

Medium \$29.99 (230 Cals/Slice)

Large \$34.99 (290 Cals/Slice)

Tropical Chicken

Alfredo sauce, pizza mozzarella, cheddar, bacon, spicy chicken breast and pineapple.

Individual \$14.99 (880 Cals/Pizza)

Small \$19.79 (190 Cals/Slice)

Medium \$29.99 (250 Cals/Slice)

Large \$34.99 (300 Cals/Slice)

GlutenWise®† Individual \$16.29 (950 Cals/Pizza) **G**

Viva Italia

Arrabbiata pizza sauce, pizza mozzarella, Genoa salami, chopped bacon, spicy Italian sausage, roasted red peppers, banana peppers, goat cheese, freshly grated Parmesan and a pesto drizzle.


Individual \$14.99 (1030 Cals/Pizza)

Small \$19.79 (230 Cals/Slice)

Medium \$29.99 (300 Cals/Slice)

Large \$34.99 (350 Cals/Slice)

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4–12) need an average of 1,500 calories a day. However, individual needs vary.

Informed Dining 



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THE CLASSICS

Pepperoni

Individual \$12.29 (710 Cals/Pizza)
 Small \$15.99 (140 Cals/Slice)
 Medium \$24.99 (200 Cals/Slice)
 Large \$28.99 (240 Cals/Slice)
 GlutenWise®* Individual \$13.59 (790 Cals/Pizza) **G**

Hawaiian

Individual \$12.99 (660 Cals/Pizza)
 Small \$16.99 (140 Cals/Slice)
 Medium \$26.99 (190 Cals/Slice)
 Large \$31.99 (230 Cals/Slice)
 GlutenWise®* Individual \$14.29 (740 Cals/Pizza) **G**

BBQ Chicken

Signature pizza sauce, pizza mozzarella, cheddar, fresh mushrooms and BBQ chicken.
 Individual \$12.99 (680 Cals/Pizza)
 Small \$16.99 (150 Cals/Slice)
 Medium \$26.99 (190 Cals/Slice)
 Large \$31.99 (240 Cals/Slice)

Deluxe

Signature pizza sauce, pizza mozzarella, pepperoni, smoked ham, green peppers and fresh mushrooms.
 Individual \$13.99 (720 Cals/Pizza)
 Small \$18.99 (150 Cals/Slice)
 Medium \$28.99 (200 Cals/Slice)
 Large \$32.99 (240 Cals/Slice)
 GlutenWise®* Individual \$15.29 (800 Cals/Pizza) **G**

Vegetarian

Signature pizza sauce, pizza mozzarella, fresh mushrooms, green peppers and onions, topped with fresh tomato slices.
 Individual \$13.99 (620 Cals/Pizza)
 Small \$18.99 (130 Cals/Slice)
 Medium \$28.99 (170 Cals/Slice)
 Large \$32.99 (210 Cals/Slice)
 GlutenWise®* Individual \$15.29 (690 Cals/Pizza) **G**

10" **Small**
Thin Crust
6 Slices

13" **Medium**
Thin Crust
8 Slices

NEW THIN CRUST CREATIONS

C New Skinny Carnivore

Genoa salami, smoked prosciutto, barrel-aged Sriracha, bocconcini cheese, balsamic-roasted cherry tomatoes, garlic, sesame seeds, freshly grated Parmesan and a zest of lime.
 Small \$15.79 (670 Cals/Pizza)
 Medium \$25.99 (160 Cals/Slice)

D New Potato Bianca

Sliced mini white potatoes, caramelized onions, goat cheese, a drizzle of honey, pizza mozzarella, Alfredo, garlic, sesame seeds and our blend of pizza spices.
 Small \$15.79 (780 Cals/Pizza)
 Medium \$25.99 (170 Cals/Slice)

New Fiesta Chicken

Honey citrus-glazed chicken, Gouda, provolone, feta, Parmesan, pizza mozzarella, garlic, red onions and chili flakes. Drizzled with avocado citrus ranch and topped with freshly grated Parmesan.
 Small \$15.79 (970 Cals/Pizza)
 Medium \$25.99 (200 Cals/Slice)

New Cherry Bomb Margherita

Balsamic-roasted cherry tomatoes, bocconcini cheese, fresh basil, garlic, freshly grated Parmesan and our blend of pizza spices.
 Small \$14.79 (640 Cals/Pizza)
 Medium \$23.99 (150 Cals/Slice)

New Pizza Bella

Smoked prosciutto, Gouda, provolone, Parmesan, garlic, signature pizza sauce and pizza mozzarella. Topped with fresh arugula and freshly grated Parmesan.
 Small \$15.79 (700 Cals/Pizza)
 Medium \$25.99 (150 Cals/Slice)

Guest Favourite Vegetarian Spicy GlutenWise®*

SIGNATURE PIZZAS

JUN 2018 03 EN



**OUR SIGNATURE
DOUGH IS MADE
FRESH IN OUR
KITCHENS EVERY
MORNING USING
100% CANADIAN
WHEAT FLOUR.**

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4-12) need an average of 1,500 calories a day. However, individual needs vary.

Informed Dining 

CREATE YOUR OWN PIZZA

I. CHOOSE YOUR SIZE

8"

Individual \$10.49
6 Slices
(630 Cals/Pizza)

10"

Small \$13.99
8 Slices
(170 Cals/Slice)

13"

Medium \$21.99
10 Slices
(220 Cals/Slice)

15"

Large \$25.99
12 Slices
(270 Cals/Slice)

2. CHOOSE YOUR CRUST

BP's Original Crust or **GlutenWise^{®†} Crust** Add \$1.30 (720 Cals/Pizza) **G**
Available for 8" individual pizzas only with a maximum of four toppings, priced accordingly.

3. CHOOSE YOUR TOPPINGS

All toppings are GlutenWise^{®†} except BBQ Chicken. **G**

Cheese

New Italian Cheese Blend
(170–850 Cals)

New Bocconcini (120–480 Cals)

Cheddar (110–440 Cals)

Feta (90–380 Cals)

Goat Cheese (90–380 Cals)

Pizza Mozzarella (150–760 Cals)

Individual \$2.39

Small \$2.99

Medium \$3.59

Large \$3.99

Veggies

New Balsamic-Roasted Cherry Tomatoes (5–35 Cals)

New Caramelized Onions
(25–140 Cals)

Balsamic-Roasted Red Onions
(25–110 Cals)

Banana Peppers (5–15 Cals)

Fresh Mushrooms (5–20 Cals)

Green Peppers (5–20 Cals)

Jalapeño Peppers (5–20 Cals)

Marinated Artichokes (15–60 Cals)

Olives (45–180 Cals)

Onions (10–40 Cals)

Pineapple (40–160 Cals)

Red Peppers (10–40 Cals)

Spinach (10–35 Cals)

Sun-Dried Tomatoes (70–280 Cals)

Tomatoes (10–35 Cals)

Individual \$1.69

Small \$1.99

Medium \$2.79

Large \$3.39

Protein

New Smoked Prosciutto
(15–90 Cals)

Bacon (110–450 Cals)

BBQ Chicken (35–140 Cals)

Chicken (30–120 Cals)

Genoa Salami (80–320 Cals)

Pepperoni (110–450 Cals)

Seasoned Ground Beef (70–260 Cals)

Shrimp (25–100 Cals)

Smoked Ham (30–140 Cals)

Spicy Chicken (45–180 Cals)

Spicy Italian Sausage (80–320 Cals)

Individual \$2.39

Small \$2.99

Medium \$3.59

Large \$3.99

Calorie range: Individual–Large

4. ADD A DIP

for \$1.65

All dips are GlutenWise^{®†}. **G**

Blue Cheese (120 Cals)

Cactus Dip (250 Cals)

Chipotle Caesar (250 Cals)

Creamy Garlic Caesar (300 Cals)

Pizza Sauce (35 Cals)

Ranch (300 Cals)

Santa Fe Ranch (200 Cals)

Calories in each section of Create Your Own Pizza are additional.

★ Guest Favourite

🌿 Vegetarian

🔥 Spicy

G GlutenWise^{®†}

CREATE YOUR OWN PIZZA

CHOOSE FROM ONE OF OUR CLASSIC RECIPES OR SATISFY YOUR PASTA CRAVING BY MAKING IT YOUR WAY.

CREATE YOUR OWN PASTA

Starting at just \$14.99
GlutenWise^{®†} Pasta \$15.99 (540 Cals) **G**

1. Choose Your Noodle

Fettuccini (590 Cals) **Spaghetti** (590 Cals)
Penne (450 Cals) **GlutenWise^{®†} Fusilli**
(540 Cals) **G**

2. Choose Your Sauce

All sauces are **GlutenWise^{®†} G**

Tomato Marinara (160 Cals) 
Creamy Alfredo (270 Cals) 
Rosé (220 Cals) 
Beefy Bolognese (160 Cals)

3. Add Your Protein and Vegetables

All protein and vegetables below except meatballs are **GlutenWise^{®†} G**

Bacon \$2.39 (110 Cals)	Fresh Mushrooms \$1.69 (5 Cals)
Diced Chicken \$2.39 (30 Cals)	Green Peppers \$1.69 (5 Cals)
Shrimp \$2.39 (25 Cals)	Onions \$1.69 (10 Cals)
Spicy Italian Sausage \$2.39 (80 Cals)	Spinach \$1.69 (10 Cals)
Three Meatballs \$3.49 (510 Cals)	Sun-Dried Tomatoes \$1.69 (70 Cals)
	Tomatoes \$1.69 (10 Cals)

Add a **Chicken Breast** \$5.99 (150 Cals) or **Salmon Filet** \$9.99 (370 Cals). **Baked with Cheese** \$2.99 (150 Cals).

Calories in each section of Create Your Own Pasta are additional.

PASTA TUESDAY[®]

Your new favourite day of the week.

Gourmet Pasta just \$12.99 (870–1760 Cals)

Create your own from \$8.99 (610–860 Cals)

Add a Starter Caesar Salad for \$3.99 (260 Cals)

GOURMET PASTA

Jambalaya Fettuccini

\$19.99 (1350 Cals)
Chicken breast, shrimp, spicy Italian sausage, tomatoes, green peppers, green onions, Cajun seasoning and marinara sauce.

Chicken and Mushroom Fettuccini

\$18.99 (1200 Cals)
Chicken breast, mushrooms, tomatoes and green onions, with Marsala cream sauce.

Smoky Mountain Spaghetti and Meatballs

\$19.99 (1760 Cals)
A generous serving of spaghetti, beefy Bolognese sauce, meatballs and cheddar.

Garlic Shrimp Spaghetti

\$19.99 (1680 Cals)
Sautéed shrimp, garlic, red onions, tomatoes and freshly grated Parmesan, in a white wine, pesto and Parmesan sauce.

Pesto Chicken Penne

\$19.99 (1220 Cals)
Alfredo pesto sauce with sun-dried tomatoes, topped with a grilled chicken breast. Finished with fresh tomatoes and freshly grated Parmesan.

Mediterranean Vegetable Penne

\$19.49 (1210 Cals)
Red peppers, red onions, marinated artichoke hearts, sun-dried tomatoes, fresh mushrooms, spinach, crushed chillies, roasted garlic, tomatoes and feta. Served in a marinara, pesto and white wine sauce.

BAKED GOURMET PASTA

Four-Cheese Lasagna

\$19.99 (1220 Cals)
Made in-house daily. Layers of 100% Canadian ground beef, our signature Bolognese sauce, pizza mozzarella, creamy ricotta, Romano and freshly grated Parmesan.


Chipotle Bacon Penne

\$18.99 (1470 Cals)
Bacon, mushrooms, green onions, tomatoes, cheddar, chipotle seasoning and Alfredo sauce, baked with cheddar and pizza mozzarella.

Seven-Cheese Ravioli

\$18.99 (870 Cals)
Ravioli stuffed with Parmesan, Emmental, ricotta, fontina and Romano, baked with pizza mozzarella and cheddar.

Choose your sauce:

- Beefy Bolognese sauce (160 Cals)
- Marinara sauce (160 Cals) 

Calories for sauce are additional to those listed for Seven-Cheese Ravioli.

All pastas are served with garlic toast (180 Cals). Substitute for three-cheese toast \$2.25 (370 Cals).

OUR TENDER RIBS ARE SLOW-COOKED WITH OUR OWN BLEND OF SPICES, AND SAUCED UP JUST THE WAY YOU LIKE THEM.

SIDES

All mains and ribs are served with garlic toast, seasonal vegetables and your choice of one side:

Potato:

- Fries (350 Cals)
- Garlic Mashed Potatoes (320 Cals)
- Loaded Mini Potatoes (250 Cals)
- Cactus Cut Potatoes (add \$1.99) (580 Cals)
- Yam Fries (add \$1.99) (540 Cals)

Salad:

- Caesar Salad (170 Cals)
- Garden Salad (120 Cals)
- Mediterranean Salad (add \$1.99) (90 Cals)

Pasta:

- Spaghetti (370 Cals)

GlutenWise[®] option available for Seasonal Vegetables, Caesar Salad (140 Cals), Mediterranean Salad and Garden Salad. **G**

Calories for sides are additional to those listed with Mains and Ribs.

MAINS

NY Strip Loin Steak

\$23.99 (690 Cals)

Canadian 8-ounce AAA New York strip loin steak, aged a minimum of 28 days and charbroiled the way you like it.

GlutenWise[®] option served with garden salad and seasonal vegetables (570 Cals). **G**

Chicken Parmesan ★

\$21.99 (780 Cals)

A fried buttermilk-breaded chicken breast, topped with our marinara sauce and pizza mozzarella.

New Baked Salmon with Avocado Smash

\$22.79 (760 Cals)

Oven-roasted with a glaze of citrus, garlic, cumin and cayenne pepper. Served with tomato avocado smash.

GlutenWise[®] option served with garden salad and seasonal vegetables (650 Cals). **G**

RIBS

Slow-Roasted Pork Back Ribs

Slow-roasted pork back ribs tossed in your choice of sauce.

Full Rack \$27.99 (1090 Cals)

Half Rack \$21.99 (680 Cals)

Choose your rib sauce:

- BBQ sauce (90-180 Cals)
- BBQ sauce made with Jack Daniel's (90-180 Cals)
- Honey garlic sauce (120-240 Cals)

Calories for sauce are additional to those listed for Ribs.

GlutenWise[®] option served with honey garlic sauce, garden salad and seasonal vegetables. (670-1200 Cals) **G**

Ribber-Winger Combo

\$27.99

A half rack of ribs (680 Cals) paired with six of our famous wings (570-1220 Cals). Choose any type of wing and flavour.

Choose your rib sauce:

- BBQ sauce (90 Cals)
- BBQ sauce made with Jack Daniel's (90 Cals)
- Honey garlic sauce (120 Cals)

Calories for sauce are additional to those listed for Ribber-Winger.

★ Guest Favourite

🌿 Vegetarian

🔥 Spicy

G GlutenWise[®]

*GlutenWise[®] items are prepared with gluten-free ingredients, however cross contamination may occur during preparation. Prices do not include applicable taxes and are subject to change without notice. Allergies? Please inform our staff of any food allergies or food sensitivities. Nutritional information on menu items is available at all Boston Pizza restaurants as well as at BostonPizza.com. Smart Eats, The Meateer, MVB and Gather Round are trademarks of Boston Pizza International Inc., used under license. GlutenWise, All Meat Bites and Pasta Tuesday are registered trademarks of Boston Pizza International Inc., used under license. Boston Pizza and the Boston Pizza roundel are registered trademarks of Boston Pizza Royalties Limited Partnership, used under license. © Boston Pizza International Inc. 2018.